

Analysis of rates of client-initiated termination of therapy included only those clients who were indicated to have been accepted for therapy, or for a trial period of therapy ($n = 18\,308$). In addition, those clients with assessment dates after 30 June 2009 (i.e. 9 months before the latest assessment date given) were excluded as they could potentially still have been in therapy. Two services had data for fewer than 10 clients in total using these criteria so were excluded from this phase of the analysis. The total number of sites was therefore 16 with a sample size of 15 668.

Data on whether therapy endings were planned or unplanned were frequently missing, with a service-level average rate of one quarter (25%) of clients having no type of therapy ending indicated. Levels within services ranged from 0% to 64%. Because of the levels of missing data, it is not possible to have a true figure for the level of unplanned endings within

Declared rates of unplanned endings

The overall **declared** rate of unplanned endings was 29%, with a service-level average of 27% ($SD = 15.4$). Declared rates of unplanned endings ranged from 4% to 56%. Figure 1 (to the right) shows the benchmark for the declared rates of unplanned endings and further detail on this data is given in Table 1.

services. It is likely that many of the cases which do not have a therapy ending indicated were in fact unplanned endings but this is not necessarily the case.

Two different benchmarks are generated: one which uses only those clients with a type of therapy ending indicated (**declared** rate) and one which makes the assumption that ALL cases with no therapy ending indicated were unplanned endings (**estimated** rate). The true rate of unplanned endings will lie somewhere between these two rates but without better data quality it is not possible to know exactly where.

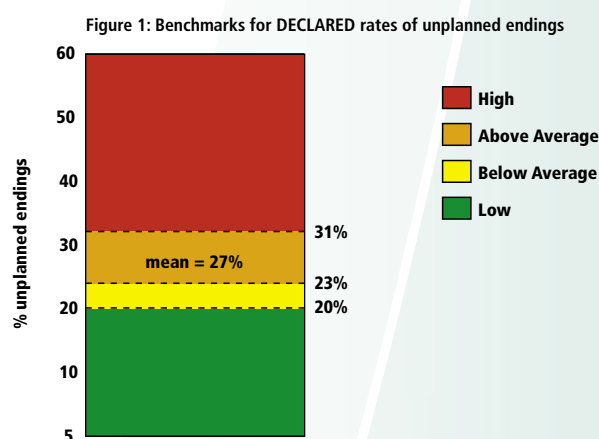


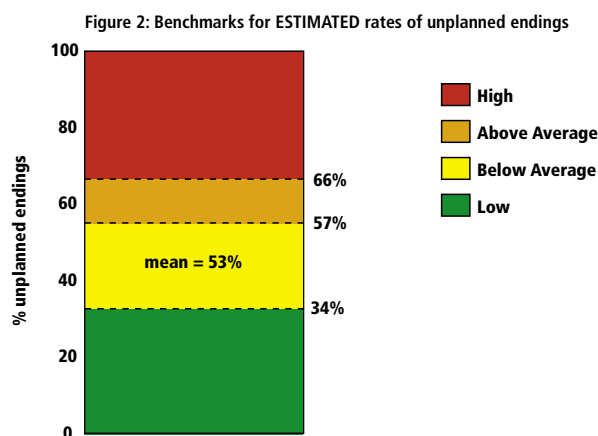
Table 1: Descriptive statistics for 'declared' and 'estimated' rates of unplanned ending to therapy

	Declared		Estimated	
	HE	PC	HE	PC
N clients with unplanned endings	4 480	14 037	8 369	26 958
Mean (sd)	27(15.4)	23 (11.7)	53 (17.4)	52 (17.9)
Minimum	4	1	24	26
Lower quartile	20	15	34	39
Median	23	23	57	51
Upper quartile	31	31	66	63
Maximum	56	44	78	91

One quarter of services (those who are performing 'best') have declared unplanned ending rates of less than 20%. The 25% of services with the highest declared rates of unplanned endings had rates in excess of 30%.

Estimated rates of unplanned endings

Figure 2 illustrates the benchmarks for the **estimated** rate of unplanned endings (making the assumption that all cases with no type of therapy ending indicated were unplanned endings). The service-level average **estimated** rate of unplanned endings was 53%, with a range between 24% and 78% (i.e. approximately one quarter to three quarters). The 'best' performing quarter of services had estimated rates of unplanned endings less than 34% while the highest quarter of services had rates in excess of 66% (meaning that more than two thirds of their clients were estimated to have had unplanned endings to therapy).



Stage of client-initiated termination of therapy

Table 2 shows the number of sessions attended and what proportion of the total number of planned or unplanned endings stopped attending at that particular session number. So for example 15% of clients who had planned endings to therapy attended for 3 sessions while 27% of clients who had unplanned endings to therapy attended for 3 sessions.

Unplanned endings were much more likely in the early stages of treatment: over half of all unplanned endings reported were for clients attending two or fewer sessions. Clients attending four or more sessions were more likely to have a planned ending to treatment.

Table 2: Proportions of total number of planned/unplanned endings by number of sessions attended

Sessions Attended	Type of Therapy Ending			
	% planned	cumulative % planned	% unplanned	cumulative % unplanned
0	0%		1%	
1	3%	3%	28%	28%
2	14%	17%	27%	55%
3	15%	33%	16%	71%
4	14%	47%	9%	80%
5	11%	57%	7%	87%
6	10%	68%	4%	91%
7	6%	74%	3%	93%
8	6%	80%	2%	95%
9	4%	84%	1%	97%
10	3%	87%	1%	97%
11	2%	90%	1%	98%
12	3%	92%	0%	98%
>12	8%	100%	2%	100%

