

Data was contributed by 18 sites, with the number of cases contributed ranging between 16 and 10 381. The mean number of cases contributed was 1 625 and the median number was 794. Only 6 services contributed more than 1 000 cases and 6 services contributed less than 500. The total number of cases received was 30 519. Clients with missing age or gender data, or with age less than 16 or greater than 65, were removed from the dataset yielding a dataset of 28 378 cases. Finally, clients whose only indicated therapy modality was something other than individual therapy were removed yielding a final master dataset of 28 237 clients.

Analysis on the number of sessions attended or unattended excluded clients whose assessment outcome was 'unsuitable for therapy at this time', 'referred to another service' or 'assessment/single session only' yielding a final dataset of 16 805 clients, of whom 12 276 had session attendance data available. Of these, 7 551 clients had planned endings, 4 422 clients had unplanned endings and 303 had no type of therapy ending indicated.

Figure 1 shows the average proportion of sessions attended/unattended both overall and based on the type of therapy ending. Looking at the sample overall, an average of 80% of sessions were attended. However, for clients with planned endings this figure rose to 90%.

Figure 1: Proportion of sessions attended/unattended by type of therapy ending

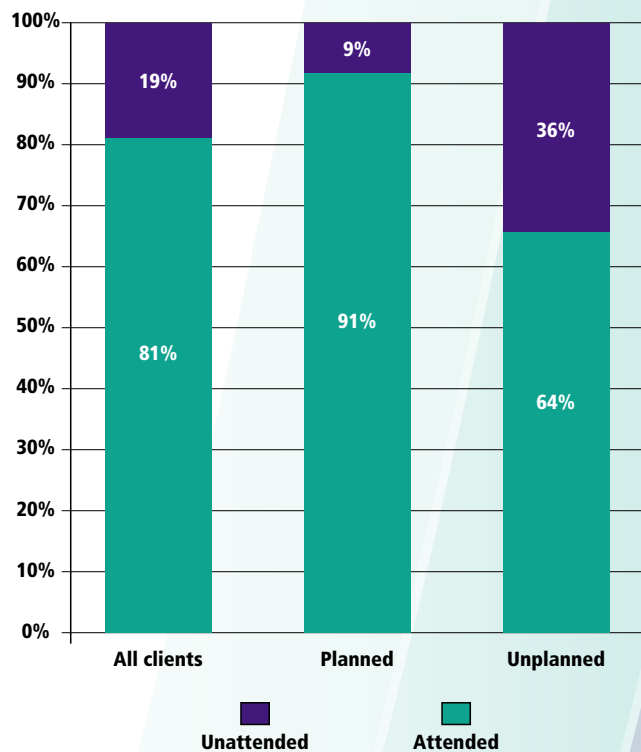


Table 1: Exploration of numbers of sessions planned, attended and unattended

		Mean	95% CI Mean	SD	Median	Min	Max
All	Sessions planned	5.9	5.8 - 6.0	5.10	5	0	167
	Sessions attended	4.8	4.8 - 4.9	4.64	4	0	151
	Sessions unattended	1.1	1.1 - 1.1	1.70	1	0	75
Planned endings	Sessions planned	6.6	6.5 - 6.8	5.71	5	0	167
	Sessions attended	5.9	5.8 - 6.0	5.13	5	0	151
	Sessions unattended	0.8	0.7 - 0.8	1.74	0	0	75
Unplanned endings	Sessions planned	4.8	4.7 - 4.9	3.46	4	0	45
	Sessions attended	3.1	3.0 - 3.2	2.82	2	0	42
	Sessions unattended	1.7	1.6 - 1.7	1.45	1	0	18

Table 1 gives further detail on the number of sessions attended/unattended. The average number of sessions planned was 6, although the figure was slightly higher for clients with planned endings (mean = 7) and lower for clients with unplanned endings (mean = 5). The range in the number of sessions planned was high, with a minimum of 0 and a maximum of 167. However, the median number of sessions planned was only 5 indicating that half of clients were expected to have 5 or fewer sessions. It is worth noting that even for those clients with planned endings who have been accepted for therapy the minimum number of sessions planned is 0! This suggests that use of this data field may be somewhat erratic and for this reason detailed benchmarks for this indicator are not generated.

