

Data was contributed by 18 sites, with the number of cases contributed ranging between 16 and 10 381. The mean number of cases contributed was 1 625 and the median number was 794. Only 6 services contributed more than 1 000 cases and 6 services contributed less than 500. The total number of cases received was 30 519. Clients with missing age or gender data, or with age less than 16 or greater than 65, were removed from the dataset yielding a dataset of 28 378 cases. Finally, clients whose only indicated therapy modality was something other than individual therapy were removed yielding a final master dataset of 28 237 clients.

At least one presenting problem was indicated for 71% (19 928) of clients. There were no presenting problems indicated at assessment for nearly 30% of clients (8 309). It is therefore likely that in these cases the therapist did not complete this section of the assessment. Clients can be identified as experiencing any number of problems and the average number identified (excluding those with none) ranged from 2 (sd = 1.4) to 10.

Table 1 gives detail of the severity of problems experienced by clients. The most frequently rated severity is 'moderately severe' with figures in excess of 50% for all problems. Almost 70% of the small number of clients experiencing psychosis were rated as 'moderately severe' or 'severe'.

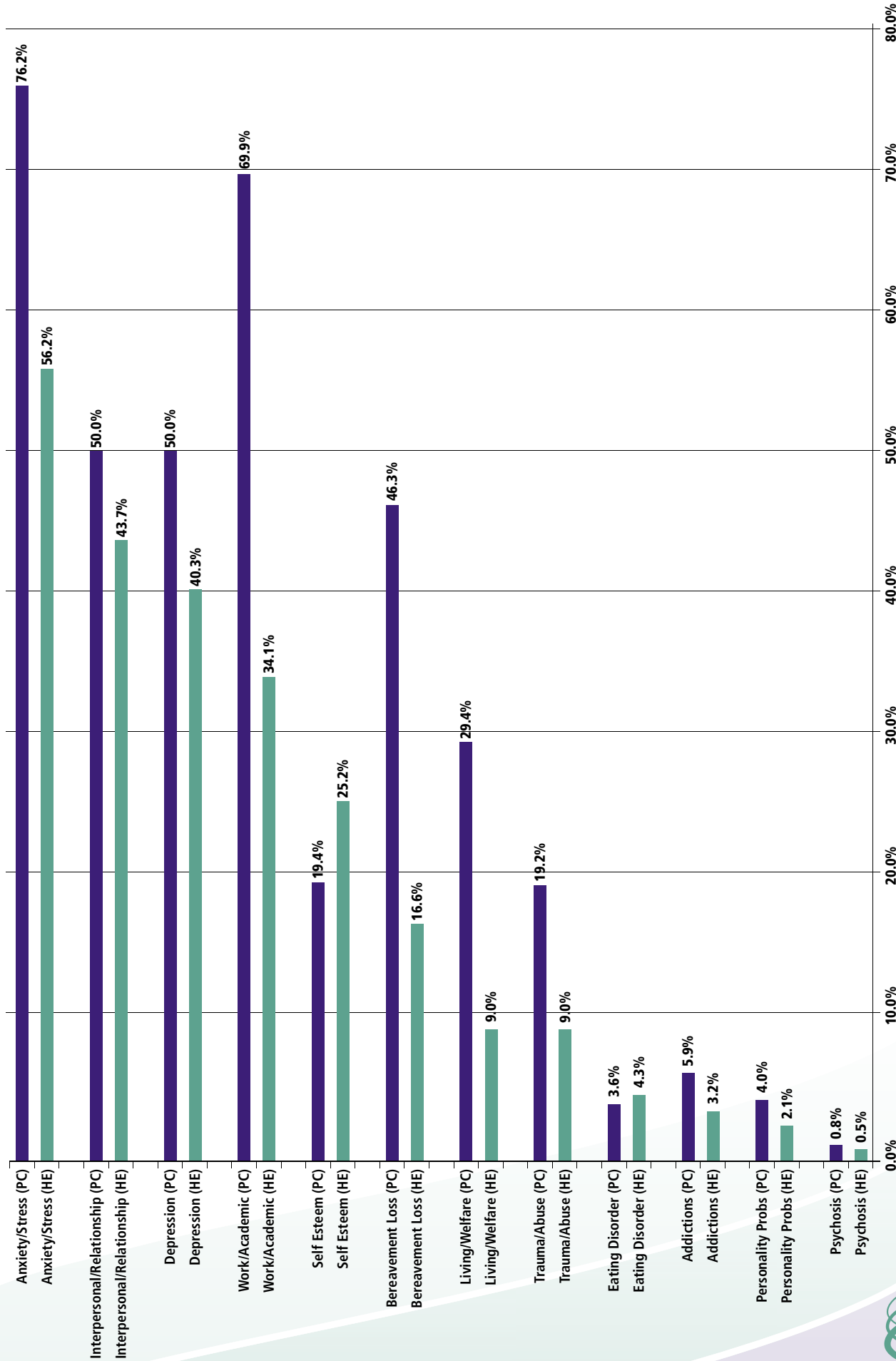
Table 1: Numbers and percentage of clients presenting with different problems/concerns

	Total N with problem	Severity			
		Mild	Moderate	Moderately Severe	Severe
Anxiety/Stress	11 197	2.4%	17.6%	56.3%	23.7%
Interpersonal/Relationship	8 701	2.6%	21.0%	57.5%	19.0%
Depression	8 036	3.0%	21.6%	54.3%	21.1%
Work/Academic	6 793	3.4%	21.2%	50.9%	24.5%
Self Esteem	5 013	2.6%	23.2%	57.9%	16.3%
Bereavement/Loss	3 311	3.8%	20.6%	54.4%	21.3%
Living/Welfare	1 789	5.4%	23.3%	52.5%	18.9%
Trauma/Abuse	1 787	1.7%	15.8%	53.9%	28.5%
Eating Disorder	859	4.9%	24.9%	50.2%	20.0%
Addictions	629	2.9%	18.4%	51.4%	27.3%
Personality Problems	423	1.2%	13.7%	58.6%	26.5%
Psychosis	92	7.6%	22.8%	39.1%	30.4%

Figure 1 (on page 2) compares the proportions of all clients in PC and HE (with at least one problem/concern identified pre-therapy) who were experiencing each particular problem. Anxiety/Stress is by far the most prevalent problem for HE clients with over half of clients experiencing symptoms to some extent. However, this is some 20% lower than the percentage of PC clients experiencing problems with Anxiety/Stress. In general the proportion of clients

indicated by therapists to be suffering from individual presenting problems is markedly higher in PC than in HE, even in areas such as 'work/academic' which would be expected to have higher levels. This suggests that therapists in HE services either may not be using the presenting problems/concerns section of the Therapy Assessment and End of Therapy forms as rigorously as their PC counterparts or that case mix profiles are truly very different.

Figure 1: Percentage of HE and PC samples with particular problems/concerns



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